

Regional Anesthesia for Knee Surgery

Learning Objectives:

1. Describe the indications and contraindications for the various regional anesthesia and analgesia techniques for surgery on the knee
2. Describe the relevant neuroanatomy of the lumbar plexus, lumbosacral plexus and innervation to the knee
3. Describe the techniques, local anesthetics and adjuvants used for performing regional anesthesia and analgesia for surgery on the knee
4. Compare and contrast the benefits of regional anesthesia and analgesia versus general anesthesia for both the intra- and postoperative period. Include both outpatient and inpatient procedures.